




Rock Falls Middle School Lunch

DECEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Tacos w/ Salsa & MYO Pizza Kit 1	Meat Lovers Pizza & Apple Salad 2	Mini Maple Pancakes w/ Egg & Cheese Omelet & 3 Cheese Sub 3	Honey Stung Popcorn Chicken w/ Biscuit & Cheesy Romaine Salad 4	Buffalo Mac N' Cheese & Egg Chef Salad 5
Popcorn Chicken LoMein & Cheesy Chicken Salad 8	Spicy Chicken Pizza & Popcorn Chicken Salad 9	<u>Half Day</u> Uncrustable Applesauce Baby Carrots Milk 10	Waffles w/wo Sausage Links & Ham & Cheese Sandwich 11	Meatball Sub Melt & Ace's Pretzel Pack 12
Bacon Cheeseburger & Cheesy Romaine Salad 15	Pancakes w/w Sausage Patty & Ace's Pretzel Pack 16	LTO: Jalapeno Popper Burger & Pizza Salad 17	Bosco Sticks w/ Marinara & Turkey Chef Salad 18	<u>Half Day</u> Uncrustable Apple Baby Carrots Milk 19
No School 22	No School 23	No School 24	 25	No School 26
No School 29	No School 30	No School 31		

NOTES

- All grains served are whole grains
- 1% White milk and low-fat Chocolate milk offered daily!
- All salads come with a grain.
- Uncrustables, Pizza, Cheeseburgers & Chicken Patties Served Daily!

